What is claimed is:

 A nonslip walking stick rest disposed at a lower end of a walking stick, being characterized that:

at a lower housing, the walking stick rest is provided with a pliable plastic tray having a nonslip surface; at an upper portion of the lower housing is a spherical recess; the spherical recess is disposed with a shaft having a sphere at an interior thereof, and a cover plate at an upper portion thereof; above the lower housing is a fixed middle housing; the shaft is provided with an upper housing at an upper portion thereof; a spring is disposed at the upper portion of the shaft, and between the upper housing and the middle housing; and the upper housing has an insertion end at an upper surface thereof, wherein the insertion end is for inserting to the lower end of the walking stick.

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